

## NAVIGAT OF RS Finding the Light

## Is the Beginning to your personal development Journey!

Take a step into discovering who you are and what you're capable of!

For those who are new to the world of personal development this is a great start. For those of you who are more experienced this can take you to a new edge.

> A one day program, jam packed with learning, experiences and fun!

18th September Alexandra Hills QLD Only \$100 if you sign up at the Mind Body Spirit Festival

Understand yourself and others, ignite your personal power, build extraordinary boundaries!

Find out More and Sign up at: www.navigatorscoaching.com support@compassioncoaching.com.au

